

Stockport Harriers will be donating a percentage of the race profits to



If you would like to find out more about the charity or raise money for them then please visit

<http://www.medequip4kids.org.uk>

Special thanks to our sponsors.



First aid will be provided by

Mediprop Ltd.
Medical Equipment Leasing, Rental and Services.
Unit 3, Pottinger Street, Ashton-Under-Lyne, Lancashire. OL7 0PW
Tel. 0161 344 1234

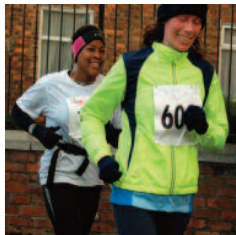
Stockport Harriers & Athletic Club



**Sunday 8th December 2013. 10am.
Woodbank Stadium, Woodbank Park, Stockport.**



NEW ROUTE!



Stockport 10 Mile Road Race

Run under UKA rules. Race licence - 2013-7754

DATE

- **Sunday 8th December 2013.**
Race starts at 10am.

VENUE

- **Woodbank Stadium, Woodbank Park, Turncroft Lane, Offerton, Stockport.**

VISIT

- **www.stockportharriers.com/race.htm for race entrylist and all race information.**

FACILITIES

- **Changing Rooms, Showers, Toilets, Bag Storage, Refreshments. Hot food post race.**
Car Park near The Woodbank Community Centre, use postcode SK1 4BN

PRIZES

- **Top 10 male and female including cash prizes for first 3 men and women.**
Puma Faas running shoes to all category winners.
Prizes for Juniors and Vets Cats. (FV35 to MV70)
Prizes for first 3 mens and womens teams (3 to count).
Many spot prizes.
Long sleeve technical t-shirt and our famous goody bag to all finishers.

Name: _____ M/F: _____

Age on race day: _____ DoB: _____

Affiliated Club: _____

UK Athletics No: (req if affiliated) _____

Address: _____

Phone: _____

Mobile: (to receive your result by text) _____

Email: _____

Entry details: Affiliated £16. Unaffiliated £18. Race limit 1200.

Please return form to

Alan Dilkes, 23 Poleacre Lane, Woodley, Stockport, Cheshire, SK6 1PH.

Cheques payable to Stockport Harriers & AC.

Closing date for entries - 1st Nov 2013 or earlier if race limit reached.

Collect race numbers and timing chips on race day. No entries on the day.

The course is not traffic free, so for your own safety, headphones are not permitted.

I declare that i am medically fit to run and understand that the race organisers or the sponsors of this race will not be held responsible for personal damage, loss or injury incurred before, during or after the race. I am an amateur as defined by the UK Athletics rules.

Signed: _____ Date: / / Fee: £ _____